

How does your gift impact people in our community?



\$5 per pay cheque

- Provides 20 food hampers to vulnerable pregnant women and parents of young children who are living in poverty.
- Indoor climbing gym access for one disadvantaged youth for a week.

\$10 per pay cheque

- Provides breakfast for one student for the full school year.
- Provides emergency shelter and services for one individual for ten nights.



\$25 per pay cheque

- Provides five speech therapy sessions for someone with an acquired brain injury.
- Provides groceries for a week for up to 18 residents in transition housing.



\$50 per pay cheque—Leadership Giving

- Provides ongoing counselling for four people facing mental illness.
- Provides a full week connecting 100 seniors with fun social outings and active recreation.



\$100 per pay cheque—Leadership Giving

- Provides four months of fresh produce for twenty-four families.
- Provides 50 staff and volunteers with a non-violent crisis intervention training to support emerging needs in the community.

Together, we can make local issues #UNIGNORABLE.

Visit our website to learn more about [Your Impact](#).



United Way
Southern Interior BC
unitedwaysibc.com

**SHOW
YOUR
LOCAL
LOVE**